



# Helsingborgs Terränglopp 2016

## RESULTAT

### Klass: F7 2km (2009 eller senare)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	22	WINSTEDT Lavinia	1	00:10:11	00:00:00	00:10:11	IS Göta
2	21	PONCE DE LEON Sarina	1	00:10:49	00:00:38	00:10:49	IS Göta

### Klass: F9 2km (2007-2008)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	33	NILEN Elise	1	00:08:34	00:00:00	00:08:34	IS Göta
2	32	MALMROS Lisa	1	00:08:55	00:00:21	00:08:55	IS Göta
3	35	PERSSON Felicia	1	00:09:31	00:00:57	00:09:31	IS Göta
4	34	PEDERSEN Isabelle	1	00:10:04	00:01:30	00:10:04	IS Göta
5	36	SJÖSTRÖM Moa	1	00:10:08	00:01:34	00:10:08	EAI
6	25	BERG Svea	1	00:10:23	00:01:49	00:10:23	IS Göta
7	23	ALM Isolde	1	00:10:37	00:02:03	00:10:37	IS Göta
8	27	JARL Vega	1	00:10:45	00:02:11	00:10:45	IS Göta
9	272	REIMER Sigrid	1	00:10:46	00:02:12	00:10:46	IS Göta
10	31	LOHAV Ebba	1	00:11:03	00:02:29	00:11:03	IS Göta
11	30	KÄLLBERG Hanna	1	00:11:11	00:02:37	00:11:11	IS Göta
12	28	JÄHNKE Lina	1	00:11:22	00:02:48	00:11:22	IS Göta
13	268	LINDSTRÖM Elin	1	00:11:26	00:02:52	00:11:26	HSOK
14	24	ALM Savannah	1	00:12:08	00:03:34	00:12:08	IS Göta
15	37	STEEN Linnea	1	00:12:59	00:04:25	00:12:59	IS Göta

### Klass: F11 2km (2005-2006)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	3	AAGAARD Celine	1	00:08:03	00:00:00	00:08:03	SK Graal
2	271	ÖSTERGREN ENGHOLM Malva	1	00:08:22	00:00:19	00:08:22	Höganäs Friidrott
3	6	HELLBERG Linn	1	00:08:28	00:00:25	00:08:28	IS Göta
4	10	KÄLLBERG Ellen	1	00:08:36	00:00:33	00:08:36	IS Göta
5	9	JAGESTEN Norah	1	00:08:50	00:00:47	00:08:50	Björnstorps if
6	11	PALMBLAD Amanda	1	00:09:14	00:01:11	00:09:14	IFK Helsingborg
7	7	HOFVENDAHL Rebecka	1	00:09:19	00:01:16	00:09:19	IS Göta
8	4	BERNER Hanna	1	00:09:30	00:01:27	00:09:30	IS Göta
9	12	PALMERTZ Saga	1	00:10:32	00:02:29	00:10:32	IS Göta
10	13	ROBERTSSON Tilde	1	00:14:44	00:06:41	00:14:44	IS Göta
11	5	EDELHAMRE Maja	1	00:15:05	00:07:02	00:15:05	IS Göta

### Klass: F13 2km (2003-2004)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	14	HOFVENDAHL Johanna	1	00:07:15	00:00:00	00:07:15	IS Göta
2	2	STENSTRÖM Hanna	1	00:08:53	00:01:38	00:08:53	IS Göta

### Klass: F15 4km (2001-2002)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
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1	17	JAGESTEN Anja	1	00:16:52	00:00:00	00:16:52	Björnstorps if
2	19	OLSSON Sofie	1	00:16:52	00:00:00	00:16:52	IS Göta
3	18	MELLBY SPETS Tova	1	00:18:05	00:01:13	00:18:05	IS Göta
4	16	HANSSON Wilma	1	00:19:58	00:03:06	00:19:58	
5	280	KAGG Nora	1	00:20:20	00:03:28	00:20:20	Knäred
6	284	BOGSJÖ-JENSEN Ida	1	00:20:29	00:03:37	00:20:29	

### Klass: F17 4km (1999-2000)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	20	KAGG Cornelia	1	00:18:32	00:00:00	00:18:32	Halmstad

### Klass: KS 4km (-1982)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	60	BJURMAN Anna	1	00:14:41	00:00:00	00:14:41	IS Göta
2	55	HOFVENDAHL Johanna	1	00:15:41	00:01:00	00:15:41	IS Göta
3	81	STENBÄCK Amanda	1	00:18:44	00:04:03	00:18:44	

### Klass: K35 4km (1977-1981)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	41	PETERSSON Sofie	1	00:15:47	00:00:00	00:15:47	IS Göta
2	77	MALMROS Anna	1	00:17:31	00:01:44	00:17:31	IS Göta
3	40	PALMERTZ Veronika	1	00:19:51	00:04:04	00:19:51	IS Göta
4	39	LANGELL Maria	1	00:22:15	00:06:28	00:22:15	IS Göta

### Klass: K40 4km (1972-1976)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	45	FAAGER Annika	1	00:14:35	00:00:00	00:14:35	Björnstorps if
2	49	SKIÖLD Petra	1	00:15:26	00:00:51	00:15:26	Björnstorps if
3	46	LUNDGREN Sandra	1	00:16:44	00:02:09	00:16:44	Söderåsens FK
4	44	CHRISTENSEN Rikke	1	00:17:35	00:03:00	00:17:35	Helsingør SOK
5	47	PALMBLAD Eva	1	00:18:26	00:03:51	00:18:26	IS Göta
6	42	ANDERSSON Monica	1	00:18:27	00:03:52	00:18:27	IS Göta
7	297	STARWING Annika	1	00:21:02	00:06:27	00:21:02	Fk Snapphanarna
8	301	LARSSON Christina	1	00:21:26	00:06:51	00:21:26	Heleneholms if

### Klass: K45 4km (1967-1971)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	52	KINCH Anna	1	00:16:45	00:00:00	00:16:45	IS Göta
2	53	LANDORPH Nina	1	00:18:07	00:01:22	00:18:07	IS Göta
3	51	ANDERSSON Anne	1	00:19:15	00:02:30	00:19:15	IS Göta

### Klass: K50 4km (1962-1966)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	293	HANSSON Katarina	1	00:17:28	00:00:00	00:17:28	Björnstorps if
2	56	BOGUT Sussie	1	00:17:42	00:00:14	00:17:42	Helsingør SOK
3	57	WALDORF Lotte	1	00:22:56	00:05:28	00:22:56	Helsingør SOK

### Klass: K55 4km (1957-1961)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	58	PETERSSON Catarina	1	00:18:24	00:00:00	00:18:24	IS Göta

**Klass: K60 4km (1952-1956)**

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	294	LÖNNQVIST Eva	1	00:17:53	00:00:00	00:17:53	Ystads IF
2	289	HANSSON Kajsa	1	00:18:31	00:00:38	00:18:31	IFK Snapphanarna

**Klass: K65 4km (1947-1951)**

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	67	ESPERSEN Lisbeth	1	00:21:42	00:00:00	00:21:42	Helsingør SOK
2	298	FAGERTUN Britt-Marie	1	00:22:09	00:00:27	00:22:09	IS Göta

**Klass: K70 4km (1942-1946)**

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	59	LINDH Britt-Marie	1	00:25:05	00:00:00	00:25:05	GF Idrott

**Klass: Kvinnor Motion 4km**

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	74	KAGG Petra	1	00:19:24	00:00:00	00:19:24	Knåred
2	73	JÖNSSON Sara	1	00:21:21	00:01:57	00:21:21	Perstorp AB IF
3	83	TORBJÖRNSSON Camilla	1	00:21:46	00:02:22	00:21:46	
4	279	PERSSON Annika	1	00:21:53	00:02:29	00:21:53	
5	79	OLSSON Malin	1	00:22:07	00:02:43	00:22:07	IS Skanne/Runners Club
6	278	AGARDH Magdalena	1	00:23:32	00:04:08	00:23:32	
7	68	HANNRUP Loredana	1	00:24:08	00:04:44	00:24:08	
8	288	SJÖBERG Helene	1	00:24:56	00:05:32	00:24:56	IFK Helsingborg
9	65	AHLMAN Linda	1	00:25:25	00:06:01	00:25:25	
10	69	HERNEMYR Jessica	1	00:26:03	00:06:39	00:26:03	Bruksskolan
11	70	HÅKANSSON Jessica	1	00:26:34	00:07:10	00:26:34	Lonesome Runners
12	75	LEDIN Maria	1	00:26:49	00:07:25	00:26:49	
13	82	SVENSSON Tina	1	00:27:14	00:07:50	00:27:14	
14	84	ZETHRAEUS Rebecka	1	00:27:18	00:07:54	00:27:18	
15	78	NILSSON Rebecka	1	00:28:38	00:09:14	00:28:38	
16	72	JOHANSSON Majsan	1	00:29:36	00:10:12	00:29:36	Löparglädje
17	277	ÅSTRÖM Cathrine	1	00:29:56	00:10:32	00:29:56	Löparglädje
18	71	HÅKANSSON Marie	1	00:31:55	00:12:31	00:31:55	

**Klass: KS 8km (-1982)**

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	62	LAHTI Sarah	2	00:25:59	00:00:00	00:12:50	Hässelby
2	38	BENGTSSON Jill	2	00:36:09	00:10:10	00:18:02	IS Göta
3	54	MEYER Louise	2	00:41:57	00:15:58	00:20:33	IS Göta
4	63	MALMQVIST Cecilia	2	00:43:00	00:17:01	00:20:15	

**Klass: Kvinnor Motion 8km**

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	87	BERGLUND Katrin	2	00:35:14	00:00:00	00:17:36	Advokatfirman Lindahl
2	96	SVENSSON-OHLIN Jonna	2	00:35:47	00:00:33	00:17:42	Ystads IF
3	94	LILJEGREN Sara	2	00:36:09	00:00:55	00:17:35	
4	95	NYBERG Moa	2	00:36:40	00:01:26	00:18:10	-
5	307	FREIJ Sara	2	00:39:15	00:04:01	00:19:35	Aktiverum
6	86	AXELSSON Jenny	2	00:40:04	00:04:50	00:19:51	
7	313	TÖRNEBRANT Anna	2	00:40:27	00:05:13	00:20:03	Törnebrant Allstars

8	93	KOVAC Sonja	2	00:40:54	00:05:40	00:20:12	IS Göta
9	97	VEDIN Sanna	2	00:40:57	00:05:43	00:20:20	
10	90	GIRIBALDI Caroline	2	00:41:03	00:05:49	00:20:22	
11	85	ARNVING Martina	2	00:43:20	00:08:06	00:21:34	Friskis &svettis Landskron
12	92	KARLSSON Therese	2	00:43:24	00:08:10	00:21:36	
13	91	GRANGE Maria	2	00:46:14	00:11:00	00:22:54	Team Triathlon & Multispor
14	98	WHITE Signe	2	00:46:33	00:11:19	00:22:51	

### Klass: P7 2km (2009 eller senare)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	254	MALMROS Frans	1	00:09:51	00:00:00	00:09:51	IS Göta
2	253	HELLBERG William	1	00:10:11	00:00:20	00:10:11	
3	255	NILSSON Alexander	1	00:12:33	00:02:42	00:12:33	IS Göta

### Klass: P9 2km (2007-2008)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	256	ALBIN Gustav	1	00:08:35	00:00:00	00:08:35	IS Göta
2	267	SANDGREN NIVA Ville	1	00:08:57	00:00:22	00:08:57	IS Göta
3	260	BYLANDER Abbe	1	00:09:00	00:00:25	00:09:00	IS Göta
4	285	SJÖBERG Kurt	1	00:09:02	00:00:27	00:09:02	HSOK
5	259	BRÜGGMAN God	1	00:09:12	00:00:37	00:09:12	IS Göta
6	290	LINDBERG Babak	1	00:09:14	00:00:39	00:09:14	Bladins Skola Malmö
7	258	BERNER Måns	1	00:09:21	00:00:46	00:09:21	IS Göta
8	262	HOFVENDAHL David	1	00:09:29	00:00:54	00:09:29	IS Göta
9	257	BERG Karl	1	00:09:37	00:01:02	00:09:37	IS Göta
10	1	STENSTRÖM Karl	1	00:09:48	00:01:13	00:09:48	IS Göta
11	261	FRIBERG Axel	1	00:10:20	00:01:45	00:10:20	IS Göta
12	275	BURSIC Maximilian	1	00:10:28	00:01:53	00:10:28	
13	269	STEEN Oscar	1	00:11:02	00:02:27	00:11:02	IS Göta
14	266	PALMERTZ Elias	1	00:12:25	00:03:50	00:12:25	IS Göta
15	265	NYGREN Melker	1	00:16:23	00:07:48	00:16:23	IS Göta

### Klass: P11 2km (2005-2006)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	283	PALMÉR Ludvig	1	00:07:53	00:00:00	00:07:53	IFK Helsingborg
2	238	SJÖSTRÖM Albin	1	00:08:21	00:00:28	00:08:21	EAI
3	230	FINEMAN Sebastian	1	00:08:46	00:00:53	00:08:46	Spanska akademien FF
4	234	LOHAV Gustav	1	00:08:49	00:00:56	00:08:49	IS Göta
5	233	LANGELL Jacob	1	00:08:50	00:00:57	00:08:50	IS Göta
6	236	PERSSON Elias	1	00:09:53	00:02:00	00:09:53	IS Göta
7	239	ÖSTERLUND Ture	1	00:10:11	00:02:18	00:10:11	IS Göta
8	235	NILSSON Felix	1	00:10:28	00:02:35	00:10:28	IS Göta
9	231	FRIBERG Philip	1	00:10:33	00:02:40	00:10:33	IS Göta
10	232	HÅKANSSON Liam	1	00:10:35	00:02:42	00:10:35	
11	237	RINGQVIST Folke	1	00:11:19	00:03:26	00:11:19	IS Göta
12	229	ERIKSSON Gustav	1	00:12:34	00:04:41	00:12:34	IS Göta

### Klass: P13 2km (2003-2004)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	241	ALBIN Johan	1	00:07:06	00:00:00	00:07:06	IS Göta
2	243	GRAHN Vincent	1	00:07:33	00:00:27	00:07:33	Höganäs Friidrott
3	245	RINGQVIST Ebbe	1	00:07:51	00:00:45	00:07:51	IS Göta

4	240	AHNELÖV Jack	1	00:07:56	00:00:50	00:07:56	Höganäs friidrottsförening
5	242	DAHLGREN Rasmus	1	00:10:37	00:03:31	00:10:37	

### Klass: P15 4km (2001-2002)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	247	KARLSSON Oskar	1	00:15:02	00:00:00	00:15:02	SK Graal
2	276	LINDGREN Kalle	1	00:15:07	00:00:05	00:15:07	IS Göta
3	176	MALMROS Filip	1	00:15:38	00:00:36	00:15:38	IS Göta
4	227	BOGSJÖ JENSEN Esben	1	00:15:46	00:00:44	00:15:46	IS Göta
5	248	LARSSON Filip	1	00:15:56	00:00:54	00:15:56	
6	246	ALBIN Erik	1	00:16:22	00:01:20	00:16:22	IS Göta
7	228	BOGSJÖ JENSEN Jakob	1	00:16:52	00:01:50	00:16:52	IS Göta
8	250	PETERSEN Axel	1	00:17:58	00:02:56	00:17:58	IS Göta
9	249	MELLBY SPETS Vidar	1	00:29:13	00:14:11	00:29:13	IS Göta

### Klass: P17 4km (1999-2000)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	274	NORSTEDT Fredrik	1	00:16:05	00:00:00	00:16:05	IFK Helsingborg
2	305	BRANTH Leo	1	00:17:07	00:01:02	00:17:07	IS Göta
3	251	FAGERLUND-HJÄRNE Asker	1	00:21:02	00:04:57	00:21:02	IS Göta

### Klass: M60 4km (1952-1956)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	138	LARSON Leif	1	00:15:10	00:00:00	00:15:10	Vittsjö GIK
2	139	PERSSON Anders	1	00:16:33	00:01:23	00:16:33	GF Idrott
3	140	UDDBÄCK Lars	1	00:17:06	00:01:56	00:17:06	MAI
4	286	ROSENGREN Kenneth	1	00:17:46	00:02:36	00:17:46	LK Myran

### Klass: M65 4km (1947-1951)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	143	LINELL Kerry	1	00:20:21	00:00:00	00:20:21	Björnstorps if
2	141	ALMSTRÖM Carl	1	00:22:30	00:02:09	00:22:30	Björnstorps if

### Klass: M70 4km (1942-1946)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	148	ROSENLUND Lars	1	00:19:47	00:00:00	00:19:47	Björnstorps if
2	147	ROSENLIND Lars	1	00:20:34	00:00:47	00:20:34	IFK Helsingborg
3	146	HEDLUND Anders	1	00:22:49	00:03:02	00:22:49	IS Göta
4	145	APITZSCH Erwin	1	00:22:54	00:03:07	00:22:54	IFK Lund

### Klass: M75 4km (1937-1941)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	150	VIDEFORS Björn	1	00:21:57	00:00:00	00:21:57	GF Idrott
2	149	PERSSON Jan Åke	1	00:23:07	00:01:10	00:23:07	IFK Helsingborg

### Klass: M80 4km (1932-1936)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	151	NORDSTRÖM Karl	1	00:24:53	00:00:00	00:24:53	IFK Helsingborg

### Klass: MS 4km (-1982)

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	270	JEPPSSON Stefan	1	00:16:46	00:00:00	00:16:46	Vittsjö GIK

**Klass: Män Motion 4km**

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	282	JOHANSSON Niclas	1	00:14:31	00:00:00	00:14:31	Gantofta Trailrunners
2	165	BOGSJÖ Klas	1	00:15:44	00:01:13	00:15:44	Helsingborgs SOK
3	180	NILSSON Daniel	1	00:15:52	00:01:21	00:15:52	Gantofta Trailrunners
4	187	UDDBÄCK Sebastian	1	00:16:07	00:01:36	00:16:07	MAI
5	295	LUCZI Gabor	1	00:17:30	00:02:59	00:17:30	Löparglädje
6	302	BREDAHL Johan	1	00:17:48	00:03:17	00:17:48	
7	178	MANOJLOVIC Jovan	1	00:18:02	00:03:31	00:18:02	Lerberget
8	183	SEGERUP Mats	1	00:18:46	00:04:15	00:18:46	Lonesome Runners
9	182	RUITER Michael	1	00:19:08	00:04:37	00:19:08	Gantofta Trailrunners
10	273	MÖLLERSTRÖM Björn	1	00:19:16	00:04:45	00:19:16	Röde Kenyanen
11	167	FRANZÉN Daniel	1	00:20:11	00:05:40	00:20:11	
12	169	HARTSMAR Björn	1	00:21:13	00:06:42	00:21:13	Bruksskolan-Höganäs
13	292	JÖNSSON Lennart	1	00:21:50	00:07:19	00:21:50	Runners Club
14	185	STJÄRNKVIST Krister	1	00:22:17	00:07:46	00:22:17	
15	170	HEDMAN Benjamin	1	00:22:36	00:08:05	00:22:36	Mörrarps IF
16	173	LIND Bengt	1	00:22:53	00:08:22	00:22:53	
17	163	BAGER Oscar	1	00:23:40	00:09:09	00:23:40	Mörrarps IF
18	186	STRAND Filiph	1	00:24:47	00:10:16	00:24:47	Mörrarps IF
19	175	LINDSTEDT Ludvig	1	00:24:51	00:10:20	00:24:51	Mörrarps IF
20	174	LINDSTEDT Erik	1	00:25:04	00:10:33	00:25:04	Mörrarps IF
21	177	MALMSTRÖM Simon	1	00:26:40	00:12:09	00:26:40	Mörrarps IF
22	181	NILSSON Mattias	1	00:28:00	00:13:29	00:28:00	
23	172	JÖNSSON Kalle	1	00:29:16	00:14:45	00:29:16	Mörrarps IF

**Klass: M35 8km (1977-1981)**

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	102	HARTMAN David	2	00:26:18	00:00:00	00:13:08	IS Göta
2	105	LOWRIE Neil	2	00:27:52	00:01:34	00:13:52	IS Göta
3	110	ÅKERLÖF EXLER Martin	2	00:29:54	00:03:36	00:14:35	IS Göta
4	109	TÖRNER Carl	2	00:32:16	00:05:58	00:16:02	IS Göta
5	107	PALMERTZ Andréas	2	00:32:32	00:06:14	00:16:04	IS Göta
6	108	RÖDIN Thomas	2	00:32:50	00:06:32	00:16:07	IS Göta
7	104	LILJEKVIST Per	2	00:34:24	00:08:06	00:16:58	IS Göta
8	99	DEWENS Jimmy	2	00:35:14	00:08:56	00:17:34	Fk Snapphanarna
9	106	NORÉN Jonas	2	00:36:00	00:09:42	00:17:55	HSOK

**Klass: M40 8km (1972-1976)**

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	117	ORRE Henrik	2	00:26:01	00:00:00	00:12:53	Björnstorps if
2	113	BERNER Andreas	2	00:28:05	00:02:04	00:13:55	IS Göta
3	303	ANDERSSON Rickard	2	00:29:10	00:03:09	00:14:34	Heleneholms if
4	112	BERGLUND Kim	2	00:33:37	00:07:36	00:16:30	IS Göta
5	118	PERSSON Mathias	2	00:35:41	00:09:40	00:17:47	IS Göta
6	116	MORIN Johan	2	00:36:04	00:10:03	00:17:25	IS Göta
7	111	ANDERSSON Björn	2	00:36:13	00:10:12	00:17:20	IS Göta
8	115	DUE Dennis	2	00:38:04	00:12:03	00:18:54	IS Göta
9	312	ÅGREN Mikael	2	00:38:09	00:12:08	00:18:40	Söderåsens FK
10	114	CELION Daniel	2	00:39:52	00:13:51	00:19:25	

**Klass: M45 8km (1967-1971)**

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	296	PERSSON Jens	2	00:28:38	00:00:00	00:14:18	Ystads IF
2	124	LAVESSON Tony	2	00:29:23	00:00:45	00:14:37	IS Göta
3	316	LUNDBERG Max	2	00:29:41	00:01:03	00:14:36	LK Myran
4	121	ENGHOLM Fredrik	2	00:32:11	00:03:33	00:15:45	IS Göta
5	304	SANDE Gustav	2	00:33:40	00:05:02	00:16:27	Genarps IF
6	120	CARLSSON Mattias	2	00:34:03	00:05:25	00:16:46	IS Göta
7	122	HOFVENDAHL Carl	2	00:34:20	00:05:42	00:16:32	IS Göta
8	127	STEEN Magnus	2	00:35:04	00:06:26	00:17:22	IS Göta
9	126	SKANS Lars-Erik	2	00:35:39	00:07:01	00:17:37	Heleneholms if
10	291	SJÖLANDER Jesper	2	00:37:08	00:08:30	00:18:00	Björnstorps if

**Klass: M50 8km (1962-1966)**

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	132	PETERSEN Henrik	2	00:29:44	00:00:00	00:14:46	Helsingør SOK
2	130	LINDEBERG Sven	2	00:30:51	00:01:07	00:15:15	IS Göta
3	287	JÖRGENSEN Christian	2	00:31:59	00:02:15	00:15:58	Friskis & Svettis Malmö
4	131	OLSEN Jørgen	2	00:33:12	00:03:28	00:16:34	Helsingør SOK
5	315	FORSBERG Jan	2	00:34:53	00:05:09	00:17:26	LK Myran
6	129	CHRISTENSSON Lars	2	00:35:08	00:05:24	00:17:33	IS Göta

**Klass: M55 8km (1957-1961)**

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	8	OLSSON Anders	2	00:30:15	00:00:00	00:15:04	IFK Trelleborg
2	133	DAANEN Chris	2	00:31:25	00:01:10	00:15:13	IS Göta
3	136	OLSSON Jerry	2	00:31:51	00:01:36	00:15:41	Björnstorpsif
4	134	JENSEN Stig	2	00:36:11	00:05:56	00:17:21	Helsingør SOK
5	135	MÅRTENSSON Arne	2	00:43:39	00:13:24	00:21:33	Björnstorps if

**Klass: MS 8km (-1982)**

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	159	VAN DET WIELEN Jesper	2	00:24:09	00:00:00	00:12:00	
2	161	ÖSTENSON Björn	2	00:26:53	00:02:44	00:13:08	Ryssbergets Ik
3	152	BRANDT Lucas	2	00:27:40	00:03:31	00:13:38	IS Göta
4	155	LARSSON Mattias	2	00:27:54	00:03:45	00:13:55	IS Göta
5	158	HELL Andreas	2	00:28:35	00:04:26	00:14:15	Ystads IF
6	160	WIKSTRAND Simon	2	00:29:03	00:04:54	00:14:30	IS Göta
7	154	HAMBER Josef	2	00:29:16	00:05:07	00:14:36	IS Göta
8	156	LINDSTRÖM Martin	2	00:29:50	00:05:41	00:14:40	Team Tete
9	157	STRAND Simon	2	00:30:49	00:06:40	00:15:12	Heleneholms if
10	308	STIGMAR Ola	2	00:33:35	00:09:26	00:16:45	LK Uven

**Klass: Män Motion 8km**

Plats	Start#	Namn:	Varv:	Tid:	Diff:	Bästa varvtid	Förening:
1	15	RAFSTEN Erik	2	00:30:25	00:00:00	00:15:02	Bjäre Runners
2	311	NILSSON Henrik	2	00:31:05	00:00:40	00:15:08	
3	222	SVENSSON AHNELÖV Christian	2	00:31:33	00:01:08	00:15:40	
4	198	JÖNSSON Martin	2	00:32:40	00:02:15	00:16:09	Hyllinge
5	314	WESSER Erik	2	00:32:44	00:02:19	00:16:16	Kvärlöv
6	214	SKÅNBERG Mikael	2	00:33:06	00:02:41	00:16:30	Oxie SK

7	212	RUUD Emil	2	00:33:25	00:03:00	00:16:33	Helsingør SOK
8	197	JOHNSON Rickard	2	00:33:29	00:03:04	00:16:29	Löparglädje Rydebäck
9	281	STOLTZ Fredrik	2	00:34:07	00:03:42	00:16:50	IS Göta
10	226	ÅBERG Mikael	2	00:34:36	00:04:11	00:16:48	
11	193	FREIJ Jesper	2	00:34:58	00:04:33	00:17:20	
12	202	LARSEN Ole	2	00:35:17	00:04:52	00:17:12	Helsingør SOK
13	213	SETH Andreas	2	00:35:24	00:04:59	00:17:29	
14	216	STRAND Per	2	00:35:29	00:05:04	00:17:31	
15	299	NOVIN Thomas	2	00:36:17	00:05:52	00:17:50	Team Skåne Fitness
16	200	KARLSSON Fredrik	2	00:36:38	00:06:13	00:18:17	Advokatfirman Lindahl
17	206	NILSON Thomas	2	00:36:45	00:06:20	00:18:05	Helsingborg
18	223	SÖDERSTJERNA Karl Oskar	2	00:36:53	00:06:28	00:18:13	Runners Club
19	210	NÅS Niklas	2	00:36:57	00:06:32	00:18:02	Näsblod
20	203	LINDSTEDT Linus	2	00:37:13	00:06:48	00:18:18	Mörarps IF
21	190	BEEKHUIS Marco	2	00:37:22	00:06:57	00:18:18	
22	306	PÅLSSON Emil	2	00:37:32	00:07:07	00:18:00	Aktiverum
23	211	OHLSSON Magnus	2	00:38:01	00:07:36	00:18:27	FNF Crossfit
24	26	FOCK Martin	2	00:38:36	00:08:11	00:19:00	IS Göta
25	209	NÅS Mats	2	00:38:46	00:08:21	00:19:14	Team Näsblod
26	208	NILSSON Oskar	2	00:39:58	00:09:33	00:19:58	
27	219	SUNDQVIST Johan	2	00:40:19	00:09:54	00:19:58	
28	207	NILSSON Thomas	2	00:40:35	00:10:10	00:20:14	
29	300	NAVNTOFT Martin	2	00:42:03	00:11:38	00:20:08	
30	195	HEDMAN Björn	2	00:42:13	00:11:48	00:20:30	Mörarps IF
31	215	SMUSIN Jakob	2	00:42:18	00:11:53	00:20:52	Falcons Landskrona
32	192	BERGENHEIM Ulf	2	00:44:42	00:14:17	00:21:33	Viken
33	309	ZERKOVLLIS Ioannis	2	00:45:36	00:15:11	00:21:47	
34	224	WHITE William	2	00:46:09	00:15:44	00:22:26	
35	310	MARCHATTOR Andreas	2	00:46:15	00:15:50	00:22:00	
36	199	KARELIS Angelos	2	00:47:05	00:16:40	00:22:03	Ingen
37	220	SVAHN Uno	2	00:47:12	00:16:47	00:23:36	
38	205	MÅRTENSSON Ted	2	00:48:19	00:17:54	00:23:03	
39	189	ASKELIN Patrik	2	00:52:08	00:21:43	00:24:47	

Tävling: Helsingborgs Terränglopp

Datum: 16.10.2016

Arrangör: IS Göta Friidrott

Tävlingsansvarig: Sven Lindeberg

